

# Mitchell County Plan for Re-Opening

## Phase 3

### PURPOSE AND INTRODUCTION

The Mitchell County Phase 3 Plan transitions from restrictions to strong recommendations only for individuals and businesses. Now, more than ever, it is crucial to Mitchell County residents to remain diligent in their actions moving forward. Priorities remain to protect our most vulnerable populations, not overburden our healthcare resources, restarting our economic activity, and preventing the spread of COVID-19 as best as possible. Phase 3 of Mitchell County's Plan for Re-Opening has been developed following the direction and guidance received by Governor Kelly.

### SUMMARY OF KEY POINTS

- Phase 3 for Mitchell County began June 1<sup>st</sup>, 2020 at 10:00 a.m.
- A phased in approach will continue to be taken, following the guidance document received from Governor Kelly.
- Phase 3 will be a strong recommendation only, with emphasis placed on education to the public and mitigating the spread of COVID-19.
- Mitchell County Health Department, Health Officer, and Board of Health will continue to evaluate the state's disease spread, testing rates, death rates, hospitalizations, ability of state and local public health authorities to contain outbreaks and conduct contact tracing, and personal protective equipment availability.
- A recommendation will be made for Phase 3 for Mass Gathering size.
  - **Mass Gathering Definition:** Mass gatherings are defined as instances in which individuals are in one location and are unable to maintain a 6-foot distance between individuals (not including individuals who reside together) with only infrequent or incidental moments of closer proximity.

- Mitchell County does reserve the right to implement further restrictions if a surge of COVID-19 cases emerges, the decisions will be based on the situation at that time.

## **GUIDING PRINCIPLES TO BE FOLLOWED THROUGH EACH PHASE**

- County recommendations must allow for the actions included in each phase. To move from one phase to the next, the following criteria must be met:
  - Disease spread is stable or declining over a 14-day period
  - Hospitals identify a decreasing number of new COVID-19 admissions, with a stable or downward trajectory of the COVID-19 inpatient counts within a 14-day period
  - Decreasing number of COVID-19 deaths within a 14-day period
  - Sufficient testing supplies and Personal Protective Equipment (PPE) must be available
  - The public health systems must be able to promptly identify and isolate infected individuals and identify and quarantine necessary contacts
- When able, staying home is recommended, especially for the vulnerable and high-risk population
- Social distancing measures should continue to be followed:
  - Stay 6 feet away from people when possible
  - Limit non-essential travel
  - Limit interaction with people not in the same household when possible
- Masks are recommended to be worn in public
- Practice good hygiene (i.e. washing hands with soap and water, using hand sanitizer); Disinfect surfaces frequently
- Avoid touching your face, mouth, nose, or eyes
- Follow the Centers for Disease Control and Prevention (CDC) and the Kansas Department of Health and Environment (KDHE) for updated list of symptoms of COVID-19
  - Symptoms include (but are not limited to): fever, cough, shortness of breath, sore throat, headache, chills, aches, fatigue, loss of smell or taste, nausea/vomiting, and diarrhea
- Businesses, organizations, or facilities may have stricter regulations than what are listed below, but may not have less strict regulations

## **Phase 3**

**Beginning June 1<sup>st</sup>, 2020**

<b>Mass Gathering Limitations</b>	<ul style="list-style-type: none"> <li>• 90 or less, not including individuals who reside together.</li> </ul>
<b>Guidance for Individuals</b>	<ul style="list-style-type: none"> <li>• <b>Masks:</b> Cloth face masks are strongly encouraged in public settings as appropriate. Employees should follow industry-specific guidance on mask use in workplaces.</li> <li>• <b>Outdoor activities:</b> When in public (e.g. parks, outdoor recreation areas, shopping areas), individuals (not including individuals who reside together) should maintain 6-foot distance from others with only infrequent or incidental moments of closer proximity.</li> <li>• <b>Social Gatherings:</b> Avoid socializing in person with groups of <b>more than 90</b> individuals in both indoor and outdoor settings, especially in circumstances that do not allow for a physical distance of 6-feet or more between individuals or groups with only infrequent or incidental moments of closer proximity.</li> <li>• <b>High Risk Individuals:</b> High risk individuals may resume public interactions but should practice physical distancing and minimize exposure to large social settings when precautionary measures may be difficult.</li> <li>• <b>Travel:</b> Engage in nonessential travel but follow KDHE travel and quarantine guidelines for travel to high-risk areas.</li> </ul>
	<ul style="list-style-type: none"> <li>• <b>Telework:</b> Encouraged for all employees when possible, but employers may begin reducing telework and start bringing employees back to work in an office setting.</li> <li>• <b>On-site operations:</b> Avoid large gatherings of employees in groups of <b>more than 90</b> where social distancing protocol cannot be maintained except for infrequent or incidental moments of closer proximity AND continue to phase in employees on-site as possible while maintaining 6-feet of distance between employee workstations.</li> <li>• <b>Screening:</b> Highly encouraged to screen workers for fevers and any symptoms of COVID-19 with a questionnaire at workplace entrance.</li> </ul>

<h3>Guidance for Employers</h3>	<ul style="list-style-type: none"> <li>• <b>Potentially Sick Employees:</b> Any employees exhibiting symptoms should be required to stay at home and asked to call their health care provider.</li> <li>• <b>Masks:</b> Employers should highly consider the use of masks at all times unless prohibited by other safety equipment.</li> <li>• <b>Business Travel:</b> Engage in nonessential travel but follow KDHE travel and quarantine guidelines for travel to high-risk areas.</li> <li>• <b>Visits to Long-Term Care Facilities or Correctional Facilities:</b> In-person visits to these facilities may be gradually reinstated, per regulation by the state and federal governing bodies. Screening measures for all visitors can be continued. Those who must interact with residents must adhere to strict protocols regarding hygiene and screening.</li> </ul>
<h3>Business Restrictions <small>(Applicable to all businesses identified as being allowed to open)</small></h3>	<p><b>All businesses can safely open and should:</b></p> <ul style="list-style-type: none"> <li>• Maintain at least 6 feet of distance between consumers (individuals or groups): <ul style="list-style-type: none"> <li>○ Restaurants or dining establishments may meet this requirement by using physical barriers sufficient to prevent virus spread between seated customers or groups of seated customers.</li> </ul> </li> <li>• <b>Follow fundamental cleaning and public health practices as designated by KDHE.</b> Businesses should follow industry specific guidelines as outlined on covid.ks.gov. Following additional best practices guidance from each business sector are strongly encouraged.</li> <li>• Local governments retain the authority to impose equal or more stringent restrictions on businesses during this phase, except as to essential functions in KEFF.</li> </ul>

<b>Educational Facilities and Licensed Childcare Facilities</b>	<ul style="list-style-type: none"> <li>• K-12 facilities should continue to follow the guidelines of the Continuous Learning Plan developed by the Kansas State Department of Education. Districts with facilities in more than one county or city should follow any applicable directives issued by the county or city in which their district office is located.</li> <li>• It is recommended that higher education facilities should remain closed for in-person learning or events involving groups of more than 90 individuals present at a time.</li> <li>• It is safe for childcare facilities to reopen or continue operations pursuant to state and local regulations.</li> </ul>
<b>Activities and Venue Restrictions</b>	<p><b>All activities and venues can safely open and should:</b></p> <ul style="list-style-type: none"> <li>• Maintain at least <b>6 feet of distance</b> between individuals or groups.</li> <li>• <b>Follow fundamental cleaning and public health practices.</b> Any additional sector specific best practices guidance from each are strongly encouraged.</li> <li>• Avoid any instances in which a group of <b>more than 90</b> individuals are in one location and are unable to maintain a 6-foot distance with only infrequent or incidental moments of closer proximity. <ul style="list-style-type: none"> <li>○ This does not limit the total occupancy of a facility, but requires that facilities limit mass gatherings in areas and instances in which physical distancing cannot be maintained such as in entrances, lobbies, locker rooms, etc.</li> </ul> </li> <li>• Local governments retain authority to impose any equal or additional restrictions on activities and venues, except as to essential functions in KEFF.</li> </ul>

# Mitchell County Phase Re-Opening Plan

	Phase 1	Phase 1.5	Phase 2	Phase 3	Phase 4
	May 4th-May 17th	May 18th - May 21st	May 22nd - May 31st	June 1st - June 14th	June 15th and forward
Gathering Size	10 Max	10 Max	15 Max	90 Max	TBD
Restaurants	Open - Not to exceed mass gathering size per table - Tables 6 ft apart - No max capacity				Open
Licensed Daycare Facility	Open	Open	Open	Open	Open
Libraries	Closed	Open	Open	Open	Open
Gyms	Closed	Open with restrictions	Open	Open	Open
Barbers/Salons	Closed	Open with restrictions	Open	Open	Open
Massage	Closed	Open with restrictions	Open	Open	Open
Graduations	Closed	Open with restrictions	Open	Open	Open
Community Center	Closed	Closed	Open	Open	Open
Movie Theaters	Closed	Closed	Open	Open	Open
Organized Sports	Closed	Closed	Open with restrictions	Open	Open
Indoor Leisure Spaces	Closed	Closed	Open	Open	Open
Pools	Closed	Closed	Closed	Open	Open
Bars (carry-out / curbside only)	Closed	Closed	Closed	Open	Open
Fairs, Festivals, Carnivals, & Parades	Closed	Closed	Closed	Open	Open
Summer Camps	Closed	Closed	Closed	Open	Open
Large Entertainment Venues	Closed	Closed	Closed	Open	Open
K-12	Closed	Subject to EO 20-07, with exemptions			
Higher Education	Subject to exemptions	Subject to exemptions	Subject to exemptions	Subject to exemptions	Subject to exemptions
Hospital Care (elective)	Open (up to facility)	Open (up to facility)	Open (up to facility)	Open (up to facility)	Open (up to facility)
Dentists and other care	Open (up to facility)	Open (up to facility)	Open (up to facility)	Open (up to facility)	Open (up to facility)
	Masks Not Required but are suggested				
	Subject to change based upon current conditions				
	If your entity is not listed and you have questions about the guidelines please call us				
	Mitchell County Health Department (785)738-5175				

KDHE Travel-Related <b>Mandatory</b> 14 Day Quarantine Areas:				
	Domestic Travel	Type	Effective Date	Where?
			On or after March 15	New York
			On or after March 23	New Jersey
				Illinois
			On or after April 6	Connecticut
			On or after April 30	Massachusetts Rhode Island
			On or after May 12	Maryland
	International Travel		On or after <b>March 15</b> People previously under quarantine because of travel to China, South Korea, Japan, Italy and Iran should finish out their quarantine	All countries
	Cruises		On or after <b>March 15</b> People previously under quarantine because of their cruise ship travel should finish out their quarantine	All cruise ships and river cruises

